

Run for Me Midrand - 10km

Results - 16 June 2025

Pos	Time	Race#	Race Category	Name	Surname	Gen	Age Cat	Prov
1	0:44:32	1376	Open	Siphiwe	Dhlamini	M	Open	Gauteng
2	0:45:40	1452	Open	Phuti	Mpati	M	Open	Gauteng
3	0:46:03	16	Open	Larry	Phiri	M	Open	Gauteng
4	0:48:11	1724	Open	Armand	Steyn	M	Open	Gauteng
5	0:49:46	1495	Open	Karabelo	Motswagae	M	Open	Gauteng
6	0:50:14	566	Open	Conrad	Jansen van Vuuren	Male	Open	
7	0:50:42	994	Open	Sarah	Jackson	F	Open	Gauteng
8	0:51:15	1969	Open	Oliver	Venter	Male	Open	
9	0:52:54	1444	Open	Ngqibelelo	Msiya	M	Open	Gauteng
10	0:53:08	641	Open	Masakane	Holomisa	M	Open	Gauteng
11	0:53:21	1964	Open	Mohau	Tshukudu	Male	Open	
12	0:53:24	696	Open	Makwe	Seema	Male	Open	
13	0:53:35	356	Open	Mmuleleng	Mokoena	M	Open	Gauteng
14	0:53:36	39	Open	Malesela	Molepo	M	Open	Gauteng
15	0:53:36	829	Open	Glynn	Rachabedi	Male	Open	
16	0:54:19	1000	Open	Ntokozo	Molekisane	M	Open	Gauteng
17	0:55:01	1901	Open	Tapiwarufaro	Ndoro	M	Open	Gauteng
18	0:55:22	1601	Open	Pontsho	Chuene	M	Open	Gauteng
19	0:55:22	1970	Open	FARREN	NORTMAN	Female	Open	
20	0:55:44	1238	Open	Zion	Mushwana	M	Open	Gauteng
21	0:55:52	1087	Open	Tlhulo	Zulu	M	Open	Gauteng
22	0:56:34	241	Open	James	Mothwa	M	Open	Gauteng
23	0:57:00	1110	Open	Asande	Nyawose	Male	Open	
24	0:57:05	1803	Open	Masungulo	Mafuyeka	M	Open	Gauteng
25	0:57:31	879	Open	Anzelle	Louw	Female	Open	
26	0:57:59	769	Open	Thabane	Zikalala	M	Open	Gauteng
27	0:58:01	622	Open	Lungisani	Ncube	F	Open	Gauteng
28	0:58:26	1961	Open	Jason	Mellet	M	Open	Gauteng
29	0:58:38	1334	Open	Tumi	Boutlwan	M	Open	Gauteng
30	0:58:39	63	Open	Troy	Grantham	M	Open	Gauteng
31	0:58:41	69	Open	Adrian	Plaatjies	M	Open	Gauteng
32	0:58:47	1020	Open	Beneé	Nel	Female	Open	
33	0:59:27	735	Open	Lindokuhle	Myeni	Male	Open	
34	0:59:41	646	Open	Henco	Rheeder	M	Open	Gauteng
35	1:00:16	1354	Open	Lebo	Malebe	M	Open	Gauteng
36	1:00:20	21	Open	Berno	Myburg	F	Open	Gauteng
37	1:00:41	1439	Open	Melusi	Horner	M	Open	Gauteng
38	1:01:04	1234	Open	Musa	Msiza	M	Open	Gauteng
39	1:01:04	1560	Open	Thor	Mabata	M	Open	Gauteng
40	1:01:21	1335	Open	William	Chinyama	M	Open	Gauteng
41	1:01:35	1301	Open	Japhta	Mohlabane	M	Open	Gauteng
42	1:01:36	122	Open	Onelio	Nzau	M	Open	Gauteng
43	1:01:45	1223	Open	Prospère	YAV	M	Open	Gauteng

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44	1:01:49	1805	Open	Elliot	Gxolo	M	Open	Gauteng
45	1:01:52	670	Open	Khululekane	Simelane	Male	Open	
46	1:01:54	678	Open	Nkosinomusa	Ndlovu	Male	Open	
47	1:01:55	993	Open	Craig	Jackson	M	Open	Gauteng
48	1:02:07	1157	Open	Ronreaco	Bibby	Male	Open	
49	1:02:46	1489	Open	Gerald	Babi	Male	Open	
50	1:03:01	1704	Open	Christian	Coetzee	Male	Open	
51	1:03:12	1984	Open	Mdu	Nkosi	M	Open	Gauteng
52	1:03:34	1566	Open	Sphesihle	Moagi	M	Open	Gauteng
53	1:03:35	833	Open	Muki	Tshipala	F	Open	Gauteng
54	1:03:39	1962	Open	Waldo	Van Zyl	M	Open	Gauteng
55	1:03:41	1164	Open	Tessa	Ehlers	F	Open	Gauteng
56	1:03:55	1442	Open	Neo	Pilane	M	Open	Gauteng
57	1:03:59	700	Open	Mieke	Ferreira	F	Open	Gauteng
58	1:03:59	981	Open	Seraki	Mphahlele	M	Open	Gauteng
59	1:04:08	902	Open	Fidel	Tshivhasa	Male	Open	
60	1:04:13	1016	Open	Gavaza	Nyakane	Female	Open	
61	1:04:30	315	Open	Liann	Viljoen	F	Open	Gauteng
62	1:04:35	1090	Open	Mawande	Ndebele	M	Open	Gauteng
63	1:04:40	1497	Open	Oratile	Gaomphe	M	Open	Gauteng
64	1:04:43	1057	Open	Xikatekiso	Ngoveni	F	Open	Gauteng
65	1:04:47	1958	Open	Sizwe	Mthembu	Male	Open	
66	1:04:51	1222	Open	Bokamoso	Tlhape	Male	Open	
67	1:04:53	1013	Open	Paul	Cossie	Male	Open	
68	1:05:04	1569	Open	Hlomla	Henna	M	Open	Gauteng
69	1:05:16	542	Open	Shelley-Ann	Rehder	F	Open	Gauteng
70	1:05:33	1071	Open	Jose	Madiela	M	Open	Gauteng
71	1:05:35	381	Open	Johnson	Louw	Male	Open	
72	1:05:36	1976	Open	Afika	Raziya	M	Open	Gauteng
73	1:05:58	1806	Open	Monashme	Gxolo	F	Open	Gauteng
74	1:06:29	1151	Open	Oneth	Mhangwana	M	Open	Gauteng
75	1:06:31	999	Open	Boikanyo	Setati	M	Open	Gauteng
76	1:06:43	1175	Open	Carmen	Fair	F	Open	Gauteng
77	1:06:44	1143	Open	Hlogi	Molaba	Male	Open	
78	1:06:57	347	Open	Mondeli	Kupiso	M	Open	Gauteng
79	1:07:11	1210	Open	Agyapong	Gyekye	Male	Open	
80	1:07:33	265	Open	Thembekile	Matlwa	F	Open	Gauteng
81	1:08:02	295	Open	Ntelele	Pali	Male	Open	
82	1:08:04	972	Open	Robin	Morolo	Male	Open	
83	1:08:20	979	Open	Motubatse	Hlakudi	M	Open	Gauteng
84	1:08:30	18	Open	Felix	Soro	M	Open	Gauteng
85	1:08:47	585	Open	Mashimbye	Curtis	M	Open	Gauteng
86	1:09:02	1185	Open	Shaun	Matidza	M	Open	Gauteng

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87	1:09:15	1553	Open	Steve	Sibanda	M	Open	Free State
88	1:09:18	1847	Open	Rea	Moroe	M	Open	Gauteng
89	1:09:28	1269	Open	Onyebuchi Junior	Adirika	M	Open	Gauteng
90	1:09:41	1531	Open	Mxolisi	Msikili	Male	Open	
91	1:09:41	1999	Open	Desiree	Spolander	F	Open	Gauteng
92	1:09:45	1142	Open	Paul-Dieter	Warschkuhl	M	Open	Gauteng
93	1:09:47	703	Open	Nhlaka	Ntombela	M	Open	Gauteng
94	1:09:49	1833	Open	Milton	Rametse	M	Open	Gauteng
95	1:09:51	1922	Open	Thobani	Mbonambi	M	Open	Gauteng
96	1:10:01	1995	Open	Jabulani	Gumede	M	Open	Gauteng
97	1:10:07	1941	Open	Johan	Mhlanga	M	Open	Gauteng
98	1:10:12	816	Open	Maanda	Mukhuba	M	Open	Gauteng
99	1:10:16	1295	Open	Musa	Mahlasela	M	Open	Gauteng
100	1:10:50	1528	Open	Reatile	Thato Rakomets	Male	Open	
101	1:11:15	668	Open	Blessing	Maphosa	M	Open	Gauteng
102	1:11:20	133	Open	Murangi	Sithari	Female	Open	
103	1:11:30	1173	Open	Pinto	Tlale	Male	Open	
104	1:12:15	1244	Open	Zayan	Dawood	M	Open	Gauteng
105	1:12:30	287	Open	Sibusiso	Dlamini	Male	Open	
106	1:12:34	1801	Open	Gerda	Strydom	F	Open	Gauteng
107	1:12:39	77	Open	Edwin	Mahlase	M	Open	Gauteng
108	1:12:44	1571	Open	Tracy	Dubr	F	Open	Gauteng
109	1:13:07	551	Open	Tiziana	Devipursad	Female	Open	
110	1:13:11	881	Open	Lili	Louw	Female	Open	
111	1:13:33	1012	Open	Devine	Cossie	Female	Open	
112	1:13:41	1250	Open	Catherine	Nyathi	Female	Open	
113	1:13:44	1066	Open	Vuyani	Matse	M	Open	Gauteng
114	1:13:45	818	Open	Arthur	Samungure	M	Open	Gauteng
115	1:13:59	1957	Open	Keagan	Fredericks	Male	Open	
116	1:14:03	92	Open	Hlulukwenza	Ngcobo	Male	Open	
117	1:14:07	638	Open	Evan	Daniels	Male	Open	
118	1:14:12	1815	Open	Thabisang	Mabale	M	Open	Gauteng
119	1:14:13	1998	Open	busisiwe	gaika	Female	Open	
120	1:14:26	1436	Open	Noluvo	Jonase	F	Open	Gauteng
121	1:14:27	1187	Open	Mbuso	Makitla	Male	Open	
122	1:14:29	1186	Open	Makhotso	Selepe	Female	Open	
123	1:14:34	1440	Open	Legin	Strydom	M	Open	Gauteng
124	1:14:40	1516	Open	Lethabo	Seakamela	M	Open	Gauteng
125	1:15:09	750	Open	Maritha	Albertyn	Female	Open	
126	1:15:12	771	Open	Louisa	Visser	Female	Open	
127	1:15:15	1503	Open	Katlego	Mbonambi	M	Open	Gauteng
128	1:15:23	1181	Open	Khayaletu	Motsa	M	Open	Gauteng
129	1:15:28	208	Open	Jaco	Du Preez	Female	Open	

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130	1:15:36	1111	Open	Darryl	Evans	M	Open	Gauteng
131	1:15:40	68	Open	Leub	Matjila	F	Open	Gauteng
132	1:15:42	1248	Open	Keagan	Kelly	M	Open	Gauteng
133	1:15:59	823	Open	Jason	Wright	M	Open	Gauteng
134	1:16:25	1769	Open	Olwethu	Ntuli	M	Open	KwaZulu-Natal
135	1:16:43	1006	Open	Justine	Paterson	F	Open	Gauteng
136	1:16:44	565	Open	Khocy	Gumede	Female	Open	
137	1:16:45	1926	Open	Luka	Jansen Van Vu	M	Open	Gauteng
138	1:16:49	134	Open	Regina	Ravele	F	Open	Gauteng
139	1:16:52	1213	Open	Asser	Kaponda	M	Open	Gauteng
140	1:16:57	1261	Open	Vuyo	Bala	M	Open	Gauteng
141	1:16:57	1982	Open	Norman	Makwiramiti	M	Open	Gauteng
142	1:17:11	699	Open	Franku	Muller	M	Open	Gauteng
143	1:17:30	634	Open	Lorraine	Machingauta	F	Open	Gauteng
144	1:17:33	86	Open	Tristan	Williams	Male	Open	
145	1:17:54	207	Open	Jaco	Du Preez	Male	Open	
146	1:17:56	1148	Open	Rosy	Mbhele	F	Open	Gauteng
147	1:18:05	305	Open	Keitumetse	Rampa	M	Open	Gauteng
148	1:18:06	1149	Open	Lindokuhle	Makhabane	M	Open	Gauteng
149	1:18:12	982	Open	Sobi	Maleme	Male	Open	
150	1:18:20	1292	Open	Liz	Ramohlola	Female	Open	
151	1:18:25	1980	Open	Waylon	Van Rooyen	M	Open	Gauteng
152	1:18:46	359	Open	Onalerona	Barei	M	Open	Gauteng
153	1:18:54	1095	Open	Relebohile	Moalosi	Female	Open	
154	1:18:56	922	Open	Vuyile	Gabuza	M	Open	Gauteng
155	1:19:02	1062	Open	Thanyani	Ravele	F	Open	Gauteng
156	1:19:04	980	Open	Machupe	Hlakudi	M	Open	Gauteng
157	1:19:22	1441	Open	Sifiso	Lukhele	M	Open	Gauteng
158	1:19:24	783	Open	Gift	Khmbule	M	Open	Gauteng
159	1:19:27	1828	Open	Ntsako	Shivambu	M	Open	Gauteng
160	1:19:31	726	Open	Johan	Nel	Male	Open	
161	1:19:38	273	Open	Nduvho	Thambe	M	Open	Gauteng
162	1:19:46	1434	Open	Rachel	Reyes	Female	Open	
163	1:19:50	301	Open	Elouise	Ferreira	F	Open	Gauteng
164	1:20:01	1438	Open	Giel	Bosman	M	Open	Gauteng
165	1:20:17	1353	Open	Onthatile	Tjale	M	Open	Gauteng
166	1:20:22	1841	Open	Mathapelo	Sehloho	F	Open	Gauteng
167	1:20:32	923	Open	Jelson	Dulo	M	Open	Gauteng
168	1:20:40	688	Open	michael	chirau	Male	Open	
169	1:20:45	1104	Open	Sandra	Harris	Female	Open	
170	1:20:56	724	Open	Ofentse	Aphane	F	Open	Gauteng
171	1:20:57	859	Open	Mokgadi	Malowa	F	Open	Gauteng
172	1:21:50	574	Open	Aaron	Musengi	M	Open	Gauteng

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173	1:21:56	199	Open	Paballo	Nkone	F	Open	Gauteng
174	1:22:03	718	Open	Jeanne	Rugwiro	Female	Open	
175	1:23:07	530	Open	Snazo	Njongo	Female	Open	
176	1:23:25	613	Open	Mayubongwe	Nyoni	M	Open	Gauteng
177	1:23:36	1102	Open	Dimpho	Molaba	F	Open	Gauteng
178	1:23:42	1456	Open	Khethelo	Nkosi	M	Open	Gauteng
179	1:23:43	1515	Open	Tshepi	Seakamela	F	Open	Gauteng
180	1:23:44	938	Open	Flower	Sat hegke	Female	Open	
181	1:23:45	1314	Open	Nikitha	Sihlobo	Female	Open	
182	1:23:48	605	Open	Dineo	Hoilejane	F	Open	Gauteng
183	1:23:57	355	Open	Nthabeleng	Matlala	F	Open	Gauteng
184	1:23:58	89	Open	Tyler	Williams	M	Open	Gauteng
185	1:24:09	676	Open	Neo	Kekana	Male	Open	
186	1:24:09	1504	Open	Brandon Simphiwe	Ntuli S	M	Open	Gauteng
187	1:24:17	1214	Open	Sarah	Sebetola	Female	Open	
188	1:24:24	869	Open	Tlolo	Mashala	Male	Open	
189	1:24:34	1280	Open	Futhi	DLAMINI	F	Open	Gauteng
190	1:24:38	1205	Open	Mmathabo	Motsumi	Female	Open	
191	1:25:15	387	Open	Erica	Jooste	F	Open	Gauteng
192	1:25:18	388	Open	Jacob Vanden	Raad	M	Open	Gauteng
193	1:25:39	1719	Open	Thando Shane	Ncube	M	Open	Gauteng
194	1:25:45	1511	Open	Sibusiso Ntando	Maseko	M	Open	Gauteng
195	1:25:50	1802	Open	Asante	Magqaza	M	Open	Gauteng
196	1:25:54	1437	Open	Gazelle	Kruger	F	Open	Gauteng
197	1:25:58	237	Open	Olly	Mudzanani	F	Open	Gauteng
198	1:26:03	238	Open	Vonani	Ngobeni	M	Open	Gauteng
199	1:26:08	886	Open	Melanie	Cloete	Female	Open	
200	1:26:09	947	Open	Kgaogelo	Masemene	Female	Open	
201	1:26:10	297	Open	Tariro	Mubobo	F	Open	Gauteng
202	1:26:28	1973	Open	Rudzani	Nekuvule	Male	Open	
203	1:26:35	1568	Open	Matthew	Seale	M	Open	Gauteng
204	1:26:43	1310	Open	Bakang	Rangaka	F	Open	Gauteng
205	1:26:48	988	Open	Thathi	Khumalo	M	Open	Gauteng
206	1:26:50	1567	Open	Tshifhiwa	Tshifularo	M	Open	Gauteng
207	1:26:54	644	Open	Liss	Denecker	F	Open	Gauteng
208	1:27:04	1007	Open	Brian	Paterson	M	Open	Gauteng
209	1:27:18	90	Open	Mashudu	Lucky Nekuvule	Female	Open	
210	1:27:35	1825	Open	Bongani	Gwebu	Male	Open	
211	1:27:41	260	Open	E. Christine	Njoroge	F	Open	Gauteng
212	1:27:41	1051	Open	Eva	Kintu	F	Open	Gauteng
213	1:28:07	1983	Open	Sandile Olivia	Dube	F	Open	Gauteng
214	1:28:13	1960	Open	Kago	Maphutha	Male	Open	
215	1:28:18	1191	Open	Alexis	Dennison	F	Open	Gauteng

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216	1:28:20	1419	Open	Zanele	Gumede	Female	Open	
217	1:28:45	910	Open	Refiloe	Motsie	M	Open	Gauteng
218	1:28:51	380	Open	Wandile	Spencer	Male	Open	
219	1:29:03	1443	Open	California	Tsoka	M	Open	Gauteng
220	1:29:04	1089	Open	Bongi	Ndebele	F	Open	Gauteng
221	1:29:08	169	Open	Ndikhaye	Netshiozwi	M	Open	Gauteng
222	1:29:08	1399	Open	Avuyile	Mxoli	F	Open	Gauteng
223	1:29:11	927	Open	Marta	Dulo	F	Open	Gauteng
224	1:29:19	1950	Open	Leo	Phayane	M	Open	Gauteng
225	1:29:20	303	Open	Unity	Mazoyo	F	Open	Gauteng
226	1:29:20	1174	Open	Tamala	Manda	F	Open	Gauteng
227	1:29:22	304	Open	Thulani	Mazoyo	M	Open	Gauteng
228	1:29:22	1824	Open	Lucy	Nkohla	Female	Open	
229	1:29:25	1211	Open	Kulani	Mabuza	M	Open	Gauteng
230	1:29:39	24	Open	JP	Du Plessis	Male	Open	
231	1:30:04	1429	Open	Tshipitlotlo	Mokgwamme	Male	Open	
232	1:30:06	243	Open	Jabulile	Nkosi	F	Open	Gauteng
233	1:30:35	205	Open	Thato	Kanyane	Male	Open	
234	1:30:38	1150	Open	Bohlale	Makhabane	M	Open	Gauteng
235	1:30:39	1305	Open	Tovhowani	Thovhakale	F	Open	Gauteng
236	1:30:51	378	Open	Morgan	Denham	Male	Open	
237	1:30:58	148	Open	Gregory	Mwenge Kahind	M	Open	Gauteng
238	1:31:16	615	Open	Zanele	Makae	Female	Open	
239	1:31:26	1351	Open	Makgabo	Tjale	F	Open	Gauteng
240	1:31:26	1356	Open	Thilivhali	Thathaisa	F	Open	Gauteng
241	1:31:27	1358	Open	Michelle	Sikala	Female	Open	
242	1:31:46	1426	Open	Jamie	Mighti	M	Open	Gauteng
243	1:31:57	1988	Open	Edgar	Maluleke	M	Open	Gauteng
244	1:32:26	785	Open	Elias	Fetene	M	Open	Gauteng
245	1:32:27	1203	Open	Nokulunga	Mahlangu	Female	Open	
246	1:32:41	970	Open	Adelaide	Mentor	F	Open	Gauteng
247	1:32:42	1289	Open	Lindiwe	Maledimo	F	Open	Gauteng
248	1:32:48	575	Open	Nthabiseng	Mpuru	Female	Open	
249	1:32:49	1400	Open	Bongi	Ntwanambi	F	Open	Gauteng
250	1:32:51	1921	Open	Lebogang	Mbonambi	F	Open	Gauteng
251	1:33:16	286	Open	Prelize	Van Staden	F	Open	Gauteng
252	1:33:16	1401	Open	Emmanuel	Nkosana Mhlang	Male	Open	
253	1:33:33	952	Open	Tadiwa	Shonhiwa	M	Open	Gauteng
254	1:33:37	222	Open	Lesedi	Sebiya	F	Open	Gauteng
255	1:33:39	814	Open	Thabelo	Makhubela	F	Open	Gauteng
256	1:33:41	1603	Open	Lala	Mashala	Female	Open	
257	1:33:43	1746	Open	Tlangi	Mboweni	Female	Open	
258	1:33:54	1325	Open	ElaKhe	Mlomzale	M	Open	Gauteng

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259	1:34:05	758	Open	Seth	Arends	Male	Open	
260	1:34:21	393	Open	Mmalethabo	Mashigo	Female	Open	
261	1:34:39	1526	Open	Winnie	George	Female	Open	
262	1:34:40	708	Open	Lulu	Khumalo	F	Open	Gauteng
263	1:34:42	711	Open	Leon	Pretorius	Male	Open	
264	1:34:51	64	Open	Bob	Kasamba	M	Open	Gauteng
265	1:34:52	1286	Open	Sasha	Chatora	F	Open	Gauteng
266	1:34:55	1850	Open	Zodidi	Nyokana	F	Open	Gauteng
267	1:34:58	65	Open	Nokhukhanya	Ngobeni	F	Open	Gauteng
268	1:35:14	1290	Open	Siviwe	Shweni	Male	Open	
269	1:35:14	1614	Open	Refilwe	Mogorosi	Male	Open	
270	1:35:28	1264	Open	lindelwa	Mhlakaza	Female	Open	
271	1:35:36	1427	Open	Mphokuhle	Mahlangu	F	Open	Gauteng
272	1:35:43	876	Open	LUFUNO SIPHO	Tshikota	M	Open	Gauteng
273	1:36:01	1	Open	Sandra	Van Niekerk	Female	Open	
274	1:36:05	720	Open	Cally	Thupane	Male	Open	
275	1:36:41	242	Open	Hope	Makhele	F	Open	Gauteng
276	1:36:47	1996	Open	Tiffany	Motlabane	F	Open	Gauteng
277	1:37:02	1720	Open	Trevour	Muchemwa	M	Open	Gauteng
278	1:37:26	49	Open	Aphiwe	Rorwana	F	Open	Gauteng
279	1:37:26	1202	Open	Nokukhanya	Mtshweni	Female	Open	
280	1:37:36	275	Open	Hlitana	Kagiso	M	Open	Gauteng
281	1:37:51	889	Open	Mersha	Mbonani	Female	Open	
282	1:38:23	137	Open	Nonqaba	Mehlomakulu	F	Open	Gauteng
283	1:38:26	38	Open	Juanri	Du Plessis	Female	Open	
284	1:38:31	105	Open	Jan	Mans	Male	Open	
285	1:38:34	1410	Open	Gomolemo	Sedumedi	F	Open	Gauteng
286	1:38:36	1923	Open	Noli	Duma	F	Open	Gauteng
287	1:38:38	146	Open	Jean-Marc	Mwenge Kahind	M	Open	Gauteng
288	1:38:40	1040	Open	Zacharia	Maswuma	M	Open	Gauteng
289	1:38:54	1977	Open	Yondela	Raziya	F	Open	Gauteng
290	1:39:02	1168	Open	Moses	Bokaba	M	Open	Gauteng
291	1:39:06	1230	Open	Chelesine	Ncube	F	Open	Gauteng
292	1:39:08	965	Open	Nosipho	Baloyi	Female	Open	
293	1:39:15	1391	Open	Reabetsoe	Thekiso	F	Open	Gauteng
294	1:39:19	1562	Open	Nancy	Mwakapenda	F	Open	Gauteng
295	1:39:38	1059	Open	Gladys	Nkwinika	F	Open	Gauteng
296	1:39:40	1256	Open	Moipone	Tsunke	Female	Open	
297	1:39:55	1581	Open	Malcolm	Motubatse	M	Open	Gauteng
298	1:39:56	1428	Open	Onica	Selebano	Female	Open	
299	1:40:06	109	Open	Sandra	Van Buren-Sche	Female	Open	
300	1:40:11	106	Open	Welna	Mans	Male	Open	
301	1:40:28	1220	Open	Motheo	Vundla	Male	Open	

Run for Me Midrand - 10km

Results - 16 June 2025

Pos	Time	Race#	Race Category	Name	Surname	Gen	Age Cat	Prov
302	1:40:34	978	Open	Itumeleng	Maleka	F	Open	Gauteng
303	1:40:37	1076	Open	Aaron	Motau	M	Open	Gauteng
304	1:40:38	114	Open	Christo	Hechter	Male	Open	
305	1:40:42	1716	Open	Rifuwo	Ndleve	F	Open	Gauteng
306	1:40:50	1158	Open	Mpai	Letebele	F	Open	Gauteng
307	1:40:52	725	Open	Ingrid	Irmscher	F	Open	Gauteng
308	1:41:41	1276	Open	Tsidi	Gude	Female	Open	
309	1:41:51	346	Open	Palesa	Mahlobo	F	Open	Gauteng
310	1:41:55	706	Open	Debbie	Pretorius	Female	Open	
311	1:41:58	712	Open	Carol-Ann	Martins	Female	Open	
312	1:41:58	839	Open	Caroline	Jackson	F	Open	Gauteng
313	1:42:15	820	Open	Lindiwe	Tshitangoni	F	Open	Gauteng
314	1:42:20	219	Open	Kathe	Zone 1	F	Open	Gauteng
315	1:42:21	192	Open	Nhlamulo	Mihlanga	F	Open	Gauteng
316	1:42:23	191	Open	Ntsako	Mihlanga	M	Open	Gauteng
317	1:42:23	200	Open	Jo	Nkomba	F	Open	Gauteng
318	1:42:31	107	Open	Michael	Mans	Male	Open	
319	1:42:34	108	Open	Bianca	Adlam	Female	Open	
320	1:42:45	1529	Open	Vami	Mbatha	Female	Open	
321	1:42:46	1402	Open	Mpho	Matyana	M	Open	Gauteng
322	1:43:04	600	Open	Songezo	Ntinge	M	Open	Gauteng
323	1:43:07	819	Open	Winnie	Nkuna	F	Open	Gauteng
324	1:43:17	950	Open	Delmarie'	Cilliers	Female	Open	
325	1:43:19	1063	Open	Malamba	Nefale	F	Open	Gauteng
326	1:43:20	1284	Open	Jabu	Chigova	Female	Open	
327	1:43:21	1067	Open	Nqobile	Hadebe	F	Open	Gauteng
328	1:43:27	1088	Open	Kgotso	Friddah Kutume	Female	Open	
329	1:43:37	1251	Open	Jeremiah	Tsunke	Male	Open	
330	1:43:38	1491	Open	Queen Jey	Mangena	F	Open	Gauteng
331	1:43:40	1490	Open	Dorcas	Mangena	F	Open	Gauteng
332	1:43:47	172	Open	Lerato	Yiliwe	F	Open	Gauteng
333	1:43:52	1435	Open	Tinashe	Mwahowa	Male	Open	
334	1:44:05	763	Open	Keabetswe	Motlhale	F	Open	Gauteng
335	1:44:17	899	Open	Lebo	Tshilo	F	Open	Gauteng
336	1:44:36	1458	Open	Delany	Mulovhedzi	F	Open	Gauteng
337	1:44:43	1457	Open	Anna	Shilongo	F	Open	Gauteng
338	1:45:06	87	Open	Rory	Williams	Male	Open	
339	1:45:10	88	Open	Monique	Williams	F	Open	Gauteng
340	1:45:17	178	Open	Phemelo	Melaletsa	M	Open	Gauteng
341	1:45:30	732	Open	Khethiwe	Kobe	Female	Open	
342	1:45:31	680	Open	Zandi	Majola	F	Open	Gauteng
343	1:45:43	194	Open	Orifuna	Netshifamadi	M	Open	Gauteng
344	1:45:44	885	Open	Hangwi	Tshivhasw	F	Open	Gauteng

Run for Me Midrand - 10km

Results - 16 June 2025

Pos	Time	Race#	Race Category	Name	Surname	Gen	Age Cat	Prov
345	1:45:56	775	Open	Tasneem	Omar	F	Open	Gauteng
346	1:45:59	522	Open	Cherise	Fasson	Female	Open	
347	1:46:04	914	Open	PRUDENCE	DIBOKA	Female	Open	
348	1:46:09	913	Open	Matumi	Kgwedi	Male	Open	
349	1:46:18	1017	Open	Sean	Soro	M	Open	Gauteng
350	1:46:25	1042	Open	Lerato Martinah	Rahlana	F	Open	Gauteng
351	1:46:26	1207	Open	Nick	Ndhlovu	Male	Open	
352	1:46:32	1136	Open	Pule	Makena	M	Open	Gauteng
353	1:46:34	705	Open	Sipho	Khumalo	M	Open	Gauteng
354	1:46:34	1137	Open	Emmy	Molepo	F	Open	Gauteng
355	1:46:36	160	Open	Shella	Mfisa	F	Open	Gauteng
356	1:47:56	1412	Open	Asi	Ngcobo	M	Open	Gauteng
357	1:47:58	709	Open	Luthando	Diadla	M	Open	Gauteng
358	1:48:22	759	Open	Rosaline	Mtsweni	F	Open	Gauteng
359	1:48:24	326	Open	Pheladi	Masuluke	F	Open	Gauteng
360	1:48:58	1052	Open	Hilda	Mohlamonyane	F	Open	Gauteng
361	1:49:06	1053	Open	Oratile	Rankudu	F	Open	Gauteng
362	1:49:12	163	Open	Kwena	Mokobane	F	Open	Gauteng
363	1:49:17	868	Open	Mamonare	Mashala	Female	Open	
364	1:49:18	1034	Open	Yonela	Tshokovu	F	Open	Gauteng
365	1:49:43	748	Open	KATHLEEN	SCHNETLER	Female	Open	
366	1:49:48	1304	Open	Paul Mampoyo	Kapya	M	Open	Gauteng
367	1:49:54	1193	Open	Keneilwe	Manda	F	Open	Gauteng
368	1:50:28	821	Open	Mamonare	Mashala	F	Open	Gauteng
369	1:50:50	563	Open	Wessel	Fourie	M	Open	Gauteng
370	1:50:51	1103	Open	Makhanani	Nkuna	Female	Open	
371	1:51:03	1285	Open	Terence	Chigova	Male	Open	
372	1:51:42	276	Open	Kopano	Hlitana	M	Open	Gauteng
373	1:51:43	1948	Open	Morwamanku	Thobejane	M	Open	Gauteng
374	1:51:47	1036	Open	Trevor	Lukoto	M	Open	Gauteng
375	1:52:16	905	Open	Sophie	Mananyetso	F	Open	Gauteng
376	1:52:24	292	Open	Prelene	Van Staden	Female	Open	
377	1:52:26	850	Open	Leandri	Schmidt	Female	Open	
378	1:52:29	822	Open	Ruth	Kinethua	F	Open	Gauteng
379	1:52:29	853	Open	Rudolf	Schmidt	Male	Open	
380	1:52:31	293	Open	Tristan	Pillay	Male	Open	
381	1:52:33	860	Open	Shibu	Thoka	F	Open	Gauteng
382	1:52:53	672	Open	Yonwaba	Mxhwali	Female	Open	
383	1:52:53	1398	Open	Kuhle	Mxwali	F	Open	Gauteng
384	1:53:55	637	Open	Bathabile	Themba	F	Open	Gauteng
385	1:53:56	951	Open	Isaac	Shonhiwa	M	Open	Gauteng
386	1:54:59	636	Open	Fhumulani	Gumbu	F	Open	Gauteng
387	1:55:04	806	Open	Mumcy	Malambe	F	Open	Gauteng

Run for Me Midrand - 10km

Results - 16 June 2025

Pos	Time	Race#	Race Category	Name	Surname	Gen	Age Cat	Prov
388	1:55:13	658	Open	Tayana	Jones	Female	Open	
389	1:55:15	660	Open	Talita	Jones	Female	Open	
390	1:55:27	1171	Open	Leighane	Van Niekerk	Female	Open	
391	1:55:42	1255	Open	Moipone	Tsunke	Female	Open	
392	1:55:43	608	Open	Radley	Mahlobo	M	Open	Gauteng
393	1:55:48	657	Open	Farai	Jones	Male	Open	
394	1:55:50	607	Open	Taslifa	Mahlobo	F	Open	Gauteng
395	1:55:51	959	Open	Alicia	Miriti	F	Open	Gauteng
396	1:55:56	995	Open	Melissa	Van Rooyen	F	Open	Gauteng
397	1:56:06	511	Open	Lesego	Mtila	M	Open	Gauteng
398	1:56:12	1355	Open	Rhudzani	Thathaisa	F	Open	Gauteng
399	1:56:13	1565	Open	Philasande	Bhengu	F	Open	Gauteng
400	1:56:14	1572	Open	Slondiwe	Xulu	F	Open	Gauteng
401	1:56:16	1920	Open	Ofodile	Iloanya	M	Open	Gauteng
402	1:56:18	573	Open	Michelle	Dazngare	F	Open	Gauteng
403	1:56:19	1192	Open	Michelle	Chipika	F	Open	Gauteng
404	1:56:20	1530	Open	Tshimangadzo	Munzhelele	Male	Open	
405	1:56:22	1821	Open	Nkateko	Mabunda	F	Open	Gauteng
406	1:56:27	956	Open	Mollale	Serofo Thema	Female	Open	
407	1:56:36	803	Open	Tsapo	Phukubje	Male	Open	
408	1:56:49	911	Open	Mashudu	Modise	Female	Open	
409	1:56:55	870	Open	Kgosietsile	Serwalo	Male	Open	
410	1:57:00	1299	Open	Emmanuel	Kapoor	Male	Open	
411	1:57:18	1570	Open	Nhlosenhle	Hadebe	M	Open	Gauteng
412	1:57:31	659	Open	Thamika	Jones	Female	Open	
413	1:58:19	1848	Open	Patricia	Okeyo	F	Open	Gauteng
414	1:58:39	698	Open	Surina	Reddy	Female	Open	
415	1:58:40	891	Open	Yonela	Mbebe	M	Open	Gauteng
416	1:58:41	524	Open	Oratile	Seane	M	Open	Gauteng
417	1:58:45	697	Open	Skye	Thorne	F	Open	Gauteng
418	1:58:53	1332	Open	Bongile	Binase	Male	Open	
419	1:58:56	704	Open	Alwande	Khumalo	M	Open	Gauteng
420	1:58:58	843	Open	Christopher	Mcinga	M	Open	Gauteng
421	1:59:29	1015	Open	Simone	Van Reenen	Female	Open	
422	1:59:30	1018	Open	Elizabeth	Boshoff	Female	Open	
423	1:59:34	1163	Open	Dijeng	Ramasodi	F	Open	Gauteng
424	1:59:36	239	Open	Iviwe	Gijana	F	Open	Gauteng
425	1:59:43	1949	Open	Kanya	Sodo	F	Open	Gauteng
426	1:59:55	1239	Open	Nhlamulo	Mushwana	M	Open	Gauteng
427	2:00:07	1237	Open	Chipo	Mushwana	F	Open	Gauteng
428	2:00:23	894	Open	Olaotse	Matshane	Female	Open	
429	2:00:46	946	Open	Loyiso	Gqamane	Female	Open	
430	2:00:49	1263	Open	Lesedi	Tuntsi	Female	Open	

Run for Me Midrand - 10km

Results - 16 June 2025

Pos	Time	Race#	Race Category	Name	Surname	Gen	Age Cat	Prov
431	2:00:51	945	Open	Mphakiseng	Hlungwane	Female	Open	
432	2:01:12	895	Open	Mathapelo	Mafohla	Female	Open	
433	2:01:23	1757	Open	Princess	Ramasike	F	Open	Gauteng
434	2:01:37	141	Open	Hope	Swafo	F	Open	Gauteng
435	2:02:07	1715	Open	Vutivi Kay	Baloyi	F	Open	Gauteng
436	2:02:36	842	Open	Neo	Mcinga	F	Open	Gauteng
437	2:02:41	506	Open	Khutso	Magabe	M	Open	Gauteng
438	2:02:54	577	Open	Thandi	Lehari	Female	Open	
439	2:03:05	1836	Open	Lesedi	---	Female	Open	
440	2:03:09	609	Open	Oregomoditse	Mahlobo	F	Open	Gauteng
441	2:03:40	867	Open	Mapule	Shai	F	Open	Gauteng
442	2:03:43	1229	Open	Bohlale	Mohlokoana	M	Open	Gauteng
443	2:03:57	193	Open	Vunwe	Mihlanga	M	Open	Gauteng
444	2:04:03	1902	Open	Loraine	Ndoro	F	Open	Gauteng
445	2:04:11	1432	Open	Bongile	Binase	Female	Open	
446	2:04:12	1479	Open	Suzan	Thupane	F	Open	Gauteng
447	2:04:17	1605	Open	Mpho	Raseroka	F	Open	Gauteng
448	2:04:38	1521	Open	Wendo	Marandu	F	Open	Gauteng
449	2:04:45	1228	Open	Matankiso	Mohlokoana	F	Open	Gauteng
450	2:04:48	1252	Open	Jeremiah	Molutsi Tsunke	Male	Open	
451	2:04:51	1068	Open	Phumlani	Hadebe	M	Open	Gauteng
452	2:04:53	1449	Open	Bernadette	Kebirungi	F	Open	Gauteng
453	2:05:11	588	Open	Joel	Fair	M	Open	Gauteng
454	2:05:17	586	Open	David	Fair	M	Open	Gauteng
455	2:05:34	788	Open	Tina	Omphile	F	Open	Gauteng
456	2:05:37	772	Open	Mzikazi	RAMOSHABA	Female	Open	
457	2:05:59	270	Open	Chriselda	Dikobe	F	Open	Gauteng
458	2:06:06	268	Open	Amelia	Thambe	F	Open	Gauteng
459	2:06:28	179	Open	Mehauhelo	Melaletsa	F	Open	Gauteng
460	2:06:31	635	Open	Pertunia	Tshiwela	F	Open	Gauteng
461	2:06:34	1019	Open	Lize	Kotze	F	Open	Gauteng
462	2:06:34	1114	Open	Jacolene	Kotze	F	Open	Gauteng
463	2:06:35	1022	Open	Riana	Kollner	F	Open	Gauteng
464	2:06:43	844	Open	Charlotte	Seane	F	Open	Gauteng
465	2:07:06	161	Open	Rendani	Tshirangwana	F	Open	Gauteng
466	2:07:15	1459	Open	Nyasha	Magwanyata	M	Open	Gauteng
467	2:07:28	548	Open	Mosa	Monaheng	F	Open	Gauteng
468	2:07:33	1811	Open	Andrea	Kruger	F	Open	Gauteng
469	2:07:41	1814	Open	Aaron	Joshua	M	Open	Gauteng
470	2:07:45	142	Open	Vivian	Mathe	F	Open	Gauteng
471	2:07:46	1522	Open	Lynn	Kareithi	F	Open	Gauteng
472	2:08:18	1462	Open	Gerhardus	Van Rooyen	M	Open	Gauteng
473	2:08:31	17	Open	Tshepo	Phiri	F	Open	Gauteng

Run for Me Midrand - 10km

Results - 16 June 2025

Pos	Time	Race#	Race Category	Name	Surname	Gen	Age Cat	Prov
474	2:08:44	19	Open	Gloria Monica	Soro	F	Open	Gauteng
475	2:10:35	1812	Open	Werner	Kruger	M	Open	Gauteng
476	2:10:42	550	Open	Mamokone	Makgetlaneng	F	Open	Gauteng
477	2:10:42	656	Open	Cathy	Jones	Female	Open	
478	2:10:44	1813	Open	Nathan	Kruger	M	Open	Gauteng
479	2:11:42	865	Open	Koenanyana	Shai	F	Open	Gauteng
480	2:12:48	190	Open	Edgar	Chauke	M	Open	Gauteng
481	2:13:32	503	Open	Simephi	Moyo	Female	Open	
482	2:16:54	272	Open	Lindokuhle	Budeli	M	Open	Gauteng
483	2:16:54	274	Open	Simphiwe	Mtefswa	F	Open	Gauteng
484	2:16:55	926	Open	Jelvia	Dulo	F	Open	Gauteng
485	2:16:57	924	Open	Jelnisia	Dulo	F	Open	Gauteng
486	2:17:05	1041	Open	Mathabo	Mokoena	F	Open	Gauteng
487	2:17:12	1966	Open	Sihawu	Nxumalo	M	Open	Gauteng
488	2:17:17	1967	Open	Nkazimulo	Nxumalo	M	Open	Gauteng
489	2:17:34	925	Open	Jelmara	Dulo	F	Open	Gauteng
490	2:18:15	1965	Open	Zanele	Nxumalo	F	Open	Gauteng
491	2:18:42	535	Open	Nomusa	Mosehle	Female	Open	
492	2:18:46	1122	Open	Mathabo	Makofane	F	Open	Gauteng
493	2:19:11	1918	Open	Pearl	Makhene	F	Open	Gauteng
494	2:19:16	1919	Open	Kensani	Ndaba	F	Open	Gauteng
495	2:20:43	181	Open	Khutjo	Lebelo	Female	Open	
496	2:20:51	182	Open	Patrick	Seiso	M	Open	Gauteng
497	2:21:48	269	Open	Nompumelelo	Mbuyane	F	Open	Gauteng
498	2:21:52	271	Open	Mbuyane	B	F	Open	Gauteng
499	2:21:52	277	Open	Tholang	Hlitana	F	Open	Gauteng
500	2:23:00	1972	Open	Nonhlanhla	Maphalala	F	Open	Gauteng
501	2:23:56	119	Open	Daily	Ramasia	Female	Open	
502	2:25:13	939	Open	Vivian	Motshwane	F	Open	Gauteng
503	2:25:30	874	Open	Gaby	Meewes	F	Open	Gauteng
504	2:25:31	206	Open	Jaco	Du Preez	Male	Open	
505	2:25:51	1924	Open	Nomathemba	Maseko	Female	Open	
506	2:26:12	158	Open	Rose	Maluleka	F	Open	Gauteng
507	2:26:16	901	Open	Koena	Mogolola	F	Open	Gauteng
508	2:26:51	159	Open	Silindokuhle	Davidson	F	Open	Gauteng
509	2:28:08	942	Open	Tlakale	Mphule	F	Open	Gauteng
510	2:28:52	176	Open	Ntsoaki	Kotsedi	F	Open	Gauteng
511	2:29:18	175	Open	Qaqamba	Silwana	Male	Open	
512	2:34:26	351	Open	Lerato	Tapala	F	Open	Gauteng
513	2:34:29	645	Open	Kgaugelo	Tapala	F	Open	Gauteng
514	0:00:00	50	Open	Lethu	Nogqala	M	Open	Gauteng
515	0:00:00	51	Open	Sam	Lekalakala	M	Open	Gauteng
516	0:00:00	58	Open	Vincent	Vuma	M	Open	Gauteng

Run for Me Midrand - 10km

Results - 16 June 2025

Pos	Time	Race#	Race Category	Name	Surname	Gen	Age Cat	Prov
517	0:00:00	66	Open	Zanri	Heydenreich	F	Open	Gauteng
518	0:00:00	67	Open	Xander	Botha	M	Open	Gauteng
519	0:00:00	85	Open	Shay-Leigh	Davids	Female	Open	
520	0:00:00	102	Open	Shan	Timothy	F	Open	Gauteng
521	0:00:00	104	Open	Ian	Mans	Female	Open	
522	0:00:00	136	Open	Mivuyo	Mehlomakulu	F	Open	Gauteng
523	0:00:00	138	Open	Achumile	Mehlomakulu	M	Open	Gauteng
524	0:00:00	211	Open	Kyle	Swanepoel	M	Open	Western Cape
525	0:00:00	212	Open	Danielle	Barnard	F	Open	Western Cape
526	0:00:00	261	Open	Leolene	Van Niekerk	Female	Open	
527	0:00:00	280	Open	Deborah	Nicole Pretorius	Male	Open	
528	0:00:00	312	Open	ERich	Smith	M	Open	Gauteng
529	0:00:00	325	Open	Steve	Erasmus	M	Open	Gauteng
530	0:00:00	362	Open	Reuben	Groenewald	M	Open	Gauteng
531	0:00:00	379	Open	Lene	Hattingh	Female	Open	
532	0:00:00	519	Open	Manuella	Giese	Female	Open	
533	0:00:00	520	Open	Mark	Giese	Male	Open	
534	0:00:00	543	Open	Michael	Rehder	M	Open	Gauteng
535	0:00:00	549	Open	Motheo	Vundla	M	Open	Gauteng
536	0:00:00	554	Open	Pontsho	Chuene	Male	Open	
537	0:00:00	595	Open	Palesa	Lephalletse	Female	Open	
538	0:00:00	606	Open	Nomasonto	Mnisi	F	Open	Gauteng
539	0:00:00	647	Open	TOKELO	MATILE	M	Open	Gauteng
540	0:00:00	669	Open	Thandekile	Moyo	F	Open	Gauteng
541	0:00:00	679	Open	Sam	Tshimanga	M	Open	Gauteng
542	0:00:00	684	Open	Letlhogonolo	Sarah Malatjie	Female	Open	
543	0:00:00	702	Open	Osvaldo	Simba	M	Open	Gauteng
544	0:00:00	713	Open	Cara	Van Heerden	Female	Open	
545	0:00:00	722	Open	Sk	Mokoena	Male	Open	
546	0:00:00	727	Open	Emma	Nel	Female	Open	
547	0:00:00	782	Open	Nipho	Zwane	F	Open	Gauteng
548	0:00:00	784	Open	John	Mhlanga	M	Open	Gauteng
549	0:00:00	854	Open	Nthabiseng	Mashego	Female	Open	
550	0:00:00	866	Open	Baba	Shai	F	Open	Gauteng
551	0:00:00	906	Open	Ketumile	Mmamogobo	F	Open	Gauteng
552	0:00:00	1021	Open	DaNiel	Nel	Male	Open	
553	0:00:00	1208	Open	thulani	dambuza	Male	Open	
554	0:00:00	1209	Open	Tumelo	Raseboye	Male	Open	
555	0:00:00	1240	Open	Gilchrist	Mushwana	M	Open	Gauteng
556	0:00:00	1287	Open	Memory	Jeki	F	Open	Gauteng
557	0:00:00	1288	Open	Jonathan	Taylor	M	Open	Gauteng
558	0:00:00	1311	Open	Bonolo	Molewa	F	Open	Gauteng
559	0:00:00	1336	Open	Nompumelelo	Chinyama	F	Open	Gauteng

Run for Me Midrand - 10km

Results - 16 June 2025

Pos	Time	Race#	Race Category	Name	Surname	Gen	Age Cat	Prov
560	0:00:00	1345	Open	Shirley	Mangena	F	Open	Gauteng
561	0:00:00	1411	Open	Wawo	Ngcobo	M	Open	Gauteng
562	0:00:00	1454	Open	Anovuyo	Mabutho	F	Open	Gauteng
563	0:00:00	1471	Open	Molegadi	Tsokolibane	F	Open	Gauteng
564	0:00:00	1475	Open	Kgaugelo	Nkoane	M	Open	Gauteng
565	0:00:00	1502	Open	Richard	Mutevhe	M	Open	Gauteng
566	0:00:00	1602	Open	Realeboga	Kgosinditsi	F	Open	Gauteng