

Bioforum Rose Run 2025 - 10km

Results - 10 May 2025

Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
1	00:37:07	259	Neil	Bohme	M	20-39	Free State	PENTAGON PISTOLS AC	P538
2	00:38:40	1767	Kirsti	Bell	F	20-39	Free State	Kovsies	P770
3	00:40:31	326	Oarabile	Tsaoke	M	20-39	Free State	CITY OF ROSES AC	1497
4	00:41:27	1064	Ruan	Bruwer	M	20-39	Free State	PENTAGON PISTOLS AC	P590
5	00:44:02	267	Oletetswe	Masithela	M	20-39	Free State		0 0
6	00:44:02	268	Tebogo	Tlhabatlhaba	M	20-39	Free State		0 0
7	00:44:10	638	Arnold	Vlok	M	40-49	Free State	N/A	
8	00:44:17	417	Ollie	Vorster	M	50-59	Free State	PENTAGON PISTOLS AC	P504
9	00:44:21	1233	Nicholas	Newman	M	40-49	Free State	The running edge	1645
10	00:44:59	867	Moleboheng	Mohapi	F	14-19	Free State	Nedbank by grace	40402
11	00:45:03	1060	Lila	Van Niekerk	F	20-39	Free State	BLOEMFONTEIN STRIDERS	P1863
12	00:45:06	1007	Maryna	Swanepoel	F	20-39	Free State	KOVSIES CLUB	741
13	00:45:09	360	Joane	De Bruyn	F	20-39	Free State	KOVSIES CLUB	P748
14	00:45:22	2017				20-39			
15	00:45:56	2015	Marian	Steyn	F	20-39	Free State		
16	00:45:58	731	Mira	Rossouw	F	14-19	Free State	Oranje Meisieskool	J40822
17	00:46:12	1245	Andries	Fourie	M	20-39	Free State	Running Edge	
18	00:46:32	317	Nico	Killian	M	60-69		0 BLOEMFONTEIN MULTISPORT	3191
19	00:46:33	1249	Zack	Botha	M	20-39	Free State		
20	00:46:38	2080	Pieter	Janse Van Vuuren	M	20-39	Free State		0 0
21	00:47:21	388	Leandro	Goncalves	M	20-39	Free State	PENTAGON PISTOLS AC	658
22	00:47:49	321	Handre	Roux	M	20-39	Free State		0 0
23	00:47:54	2040	Lite	Mohlamme	m	20-39		0	0 0
24	00:47:56	1110	Bernard	Pretorius	M	20-39	Free State		0 0
25	00:47:58	365	Marise	Stander	F	20-39	Free State	BLOEMFONTEIN STRIDERS	P1584
26	00:48:11	264	Franjo	Hattingh	M	20-39	Free State		0 0
27	00:48:14	1246	Jean-Jacques	Holtzhausen	M	20-39	Free State	Kovsie Sport	822
28	00:48:22	269	Thulani	Tsela	M	40-49		0	0 0
29	00:48:39	2035	Andre	Herholdt	M	14-19	Free State		
30	00:48:40	870	Pieter	Potgieter	M	20-39	Free State	The running edge	1724
31	00:48:40	876	Rikus	Hattingh	M	40-49	Free State	Pentagon Pistols	592

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32	00:48:45	386	Handre	Bubb	M	20-39	Free State	THE RUNNING EDGE AC	J40756
33	00:48:49	751	Shinae	Pateman	F	20-39	Free State	Pentagon Pistols	P2821
34	00:48:49	752	Austin	Stuart	M	20-39	Free State	Pentagon Pistols	P2826
35	00:48:53	279	Unathi	Mahloko	M	14-19	Free State		0 0
36	00:49:18	391	Lena	Van Rooyen	F	40-49	Free State	PENTAGON PISTOLS AC	P584
37	00:49:19	400	Philip	Barnard	M	20-39	Free State		0 0
38	00:50:01	444	Suzca	Nolte	F	20-39	Free State		0 0
39	00:50:03	819	Elmien	Scott	F	40-49	Free State	Energy Lab	2
40	00:50:12	733	Justyn	Palmer	M	20-39	Free State	Pentagon Pistols	P685
41	00:50:15	382	Danelle	Siepk	F	20-39	North West		0 0
42	00:50:38	418				20-39			
43	00:50:55	257	Sebastiaan	Coetzer	M	14-19	Free State		0 0
44	00:51:14	497	Inge	fourie	F	20-39	0		0 0
45	00:51:36	450	Johannes Hendrik	Campher	M	60-69	Free State	BLOEMFONTEIN STRIDERS	1501
46	00:51:46	727	Kaeli	Armour	F	14-19	Free State	Pentagon pistols	P2730
47	00:51:49	820	Russell	Nugent	M	50-59	Free State	Energy Lab Athletic Co	1
48	00:52:00	375	Jolanda	Van Niekerk	F	40-49	Free State	PENTAGON PISTOLS AC	P2720
49	00:52:07	2064	Anne	Harris	F	20-39	Free State		
50	00:52:08	81	Joshua	Slack	M	20-39	Free State		0 0
51	00:52:13	1069	Nicolaas	Le Roux	M	40-49	Free State	SPORTFIT MULTI-SPORT, BLOEMFC	1969
52	00:52:19	1103	Karla	Jonker	F	20-39	Free State		0 0
53	00:52:28	813	CJ	Taljaard	M	20-39	Free State		
54	00:52:31	270	Sakhiwo	Siteto	M	40-49	Free State		0 0
55	00:52:31	1038	Maretha	Meades	F	20-39	Free State	THE RUNNING EDGE AC	P 1621
56	00:52:39	1027	Paul	Meades	M	20-39	Free State	THE RUNNING EDGE AC	P 1495
57	00:53:01	1001	Andre	Van Wyk	M	50-59	Free State	PENTAGON PISTOLS AC	572
58	00:53:01	2076	Elsabe	Myburgh	F	50-59	Free State	THE RUNNING EDGE AC	P1623
59	00:53:02	815	Leana	Esterhuizen	F	50-59	Free State	CUT FS	2413
60	00:53:04	1014	Jo-ann	Olivier	F	20-39	Free State	PENTAGON PISTOLS AC	541
61	00:53:05	1002	Tanya	Van Wyk	F	50-59	Free State	PENTAGON PISTOLS AC	573
62	00:53:05	1079	Almanda	Fouche	F	50-59	Free State	GOUDVELD MULTISPORT CLUB	463

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63	00:53:06	484	Jp	Le Roux	M	20-39	Gauteng		0 0
64	00:53:07	738	Megan	Harris	F	20-39	Free State		
65	00:53:08	1098	Karen	Fourie	F	20-39	Free State	GOUDVELD MULTISPORT CLUB	461
66	00:53:16	1084	Suné	Gouws	F	20-39	Free State		0 0
67	00:53:48	392	Dewald	Van Rooyen	M	40-49	Free State	PENTAGON PISTOLS AC	P585
68	00:53:51	1025	Inge	Diffenthal	F	20-39	Free State		0 0
69	00:53:59	1033	Wilco	Steenkamp	M	20-39	Free State		0 0
70	00:54:00	385	Graham	Bubb	M	20-39	Free State	THE RUNNING EDGE AC	1674
71	00:54:01	465	Elizabeth	Pretorius	F	50-59	Free State		0 0
72	00:54:07	352	Roger	Kruger	M	40-49	Free State		0 0
73	00:54:11	2016	Ashley	Moreire	F	20-39	Free State		
74	00:54:12	760	Thimas	Warren	M	20-39	Free State		
75	00:54:22	278	Susan Carine	Van Der Merwe	F	20-39	Free State	BLOEMFONTEIN STRIDERS	P1857
76	00:54:42	377	Mariska	Leeuwner	F	20-39	Free State		0 0
77	00:54:43	323	Christoff	Van Der Merwe	M	20-39	Free State		0 0
78	00:54:45	325	Michelle	Pretorius	F	20-39	Free State	BLOEMFONTEIN STRIDERS	P1210
79	00:54:50	1115	Aniel	Van Deventer	F	20-39	Free State		0 0
80	00:54:54	372	Flippie	Pretorius	M	50-59	Free State	PENTAGON PISTOLS AC	P600
81	00:54:56	790	Loutjie	Du Toit	M	60-69	Free State		
82	00:55:02	148	Hanri	Smith	M	20-39	Free State		0 0
83	00:55:07	1082	Wynand	Smit	M	20-39	Free State		0 0
84	00:55:09	1023	Carmi	Engelbrecht	F	20-39	Free State	PENTAGON PISTOLS AC	P2820
85	00:55:12	410	Carla	Loots	F	14-19	Free State	PENTAGON PISTOLS AC	J40737
86	00:55:15	466	Lize-marie	Pretorius	F	20-39	Free State		0 0
87	00:55:40	1223	MJ	De Kock	M	20-39	Free State		
88	00:55:44	351	Marnus	Booyens	M	20-39	Free State		0 0
89	00:55:45	311	Marga	Van Aardt	F	20-39	Free State	SPORTFIT MULTI-SPORT, BLOEMFC	P1960
90	00:55:47	353	Neill	Blair	M	20-39	Free State		0 0
91	00:55:50	1045	Coreen	Van Jaarsveld	F	20-39	Free State	THE RUNNING EDGE AC	P1752
92	00:56:06	2029	Siyabonga	Makhanya	M	20-39	Free State		
93	00:56:08	456	Jopie	Fourie	M	40-49	Free State		0 0

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94	00:56:10	1083	Riette	Veldtman	F	20-39	Free State		0 0
95	00:56:14	256	Sabelo	Shezi	M	20-39	Free State		0 0
96	00:56:15	80	Nico	Badenhorst	M	50-59	Free State	THE RUNNING EDGE AC	P1469
97	00:56:15	476	Adri	Du Plessis	F	50-59	Free State	BLOEMFONTEIN NEDBANK ACHILLE	P76
98	00:56:15	1067	Bronwyn	Hall	F	20-39	Free State		0 0
99	00:56:18	818	Orefile	Setshego	M	20-39	Free State	None	None
100	00:56:25	681	Michiel	Voges	M	20-39	Free State		0 0
101	00:56:30	1752	Dawie	Viljoen	M	60-69	Free State		
102	00:56:37	1094	Sylvia	Van Pletsen	F	20-39	Free State	SPORTFIT MULTI-SPORT, BLOEMFC	1966
103	00:56:43	422	Schalk	Vorster	M	20-39	Free State	PENTAGON PISTOLS AC	P527
104	00:56:56	759	Nika	Geldenduys	F	20-39	Free State		
105	00:57:17	1066	Jaco	Bronn	M	20-39	Free State	THE RUNNING EDGE AC	P1764
106	00:57:22	383	Anelize	Bubb	F	20-39	Free State	THE RUNNING EDGE AC	1675
107	00:57:22	1048	Eduard Stephen	Lamley	M	50-59	Free State	THE RUNNING EDGE AC	1680
108	00:57:23	1034	Poena	Van Zyl	M	60-69	Free State	THE RUNNING EDGE AC	1750
109	00:57:42	2018	Sebatli	Letsaba	M	20-39	Free State	Titanium	P1844
110	00:57:53	2004	Nicole	Fischer	F	20-39	Free State	Move Multisport	P396
111	00:58:00	1006	Pj	Du Plooy	M	50-59	Free State	THE RUNNING EDGE AC	P1616
112	00:58:03	426	Elandre	Williams	F	20-39	Free State	THE RUNNING EDGE AC	1707
113	00:58:03	855	Ronel	Van Zyl	F	20-39	Free State	Bloemfontein striders	1865
114	00:58:04	36	Tyla	Baker	F	20-39	Free State		0 0
115	00:58:04	427	Johané	Odendaal	F	20-39	Free State	THE RUNNING EDGE AC	P1471
116	00:58:07	376	Johanné	Van Niekerk	F	20-39	Free State		0 0
117	00:58:21	851	Ilze	Kearney	F	60-69	Free State	THE RUNNING EDGE AC	P1472
118	00:58:31	464	Lizanne	Van Der Walt	F	20-39	Free State	PENTAGON PISTOLS AC	P512
119	00:58:35	431	Danika	Janssen	F	20-39	Gauteng		0 0
120	00:58:37	275				20-39			
121	00:58:37	1088	Neels	Van Niekerk	M	60-69	Free State	BLOEMFONTEIN NEDBANK ACHILLE	81
122	00:58:43	1061	Tiaan	Joubert	M	20-39	Gauteng	BLOEMFONTEIN STRIDERS	3010
123	00:58:50	784	Koena	Mogale	M	20-39	Free State	None	None
124	00:58:53	430	Suzanne	Vlok	F	20-39	0	0 0	0 0

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125	00:58:53	753	Inacia	Maguire	F	20-39	Free State	The Running Edge	1760
126	00:58:53	754	Graham	Maguire	M	20-39	Free State	The Running Edge	1761
127	00:58:57	496	Riaan	van wyk	M	20-39	0	0 0	
128	00:58:58	850				20-39			
129	00:59:02	447	Anne-marie	Bothma	F	20-39	Maseru	0 0	
130	00:59:14	684				20-39			
131	00:59:15	737	Henrique	Weet Nie	M	20-39	Free State		
132	00:59:23	755	Johan	Bothma	M	50-59	Free State		
133	00:59:24	305	Dina	Bornman	F	40-49	Free State	BLOEMFONTEIN STRIDERS	1680
134	00:59:24	1105	Nadia	Lombaard	F	20-39	Free State	BETHLEHEM MARATHON CLUB	P2894
135	00:59:28	757	Ane	Vd Watt	F	20-39	Free State	Striders	P3739
136	00:59:30	715	Charles	Alexander	M	50-59	Free State	No	No
137	00:59:36	459	Riana	Fourie	F	40-49	Free State	BLOEMFONTEIN NEDBANK ACHILLES	P68
138	00:59:36	461				20-39			
139	00:59:38	437	Herschell	Coetzee	M	40-49	Free State	0 0	
140	00:59:41	1037	Quinton	Kaplan	M	20-39	Free State	0 0	
141	00:59:42	458	Attela	Grobbelaar	F	50-59	Free State	THE RUNNING EDGE AC	1739
142	00:59:42	723	Ervin	Erasmus	M	20-39	Free State	Bloemfontein striders	1855
143	00:59:48	1116	Koos	Van Heerden	M	20-39	Free State	THE RUNNING EDGE AC	P1665
144	00:59:49	416	Retha	Nel	F	20-39	Free State	0 0	
145	01:00:01	848	Seun Prince	Marapo	M	20-39	Free State	SOUTH AFRICAN POLICE SERVICE	P1019
146	01:00:07	640	Komenthren (Tykes)	Govender	M	50-59	Free State	Bloemfontein Achilles	56
147	01:00:12	1076	Catelen	Briedenhann	F	20-39	Free State	0 0	
148	01:00:20	1055	Lenita	Fourie	F	20-39	Free State	0 0	
149	01:00:23	315	Montsheng	Ntlele	F	40-49	Free State	0 0	
150	01:00:23	1056	Reece	Van Staden	M	20-39	0	0 0	
151	01:00:28	1059	Diaan	Neethling	M	20-39	Free State	PENTAGON PISTOLS AC	609
152	01:00:31	364	Nadia	Mccrindle	F	20-39	Free State	0 0	
153	01:00:32	443	Liesel	Botha	M	20-39	Free State	0 0	
154	01:00:39	366	Hamman	Kriel	M	20-39	Free State	BLOEMFONTEIN STRIDERS	P1875
155	01:00:41	266	Yolande	Figueira	F	20-39	Free State	0 0	

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156	01:00:56	1051	Lianca	Uys	F	20-39	Free State	BLOEMFONTEIN STRIDERS	1208
157	01:00:57	1003	Lehlohonolo Blessing	Molai	M	40-49	0	0 0	
158	01:01:00	1065	Bradley	Dire	M	20-39	Free State	0 0	
159	01:01:03	454	M	Du Toit	F	20-39	Free State	0 0	
160	01:01:03	1010	Sonja	Kruger	F	40-49	0	0 0	
161	01:01:03	1012	Andries	Kruger	M	50-59	Free State	PENTAGON PISTOLS AC	P649
162	01:01:10	1024	Hele	Engelbrecht	F	20-39	Free State	PENTAGON PISTOLS AC	P2725
163	01:01:18	1078	Sonnica	Wagner	M	20-39	Northern Cape	0 0	
164	01:01:19	494	Marizel	Scheepers	M	20-39	Free State	PENTAGON PISTOLS AC	P640
165	01:01:30	482	Lucky	Lukhele	M	40-49	Free State	Centre City Tituniams	P2498
166	01:01:33	500				20-39			
167	01:01:34	849	Christine	Visser	F	50-59	Free State	0 0	
168	01:01:54	2078	Annelize	Smith	F	20-39	Free State	BLOEMFONTEIN STRIDERS	P1857
169	01:01:54	2079	Jaco	Smith	M	20-39	Free State	BLOEMFONTEIN STRIDERS	P1856
170	01:02:02	354	Rochelle	Kruger	F	50-59	Free State	0 0	
171	01:02:02	363	Daleen	Van Der Berg	F	20-39	Free State	PENTAGON PISTOLS AC	2718
172	01:02:04	462	Helene	Schlebusch	F	40-49	Free State	0 0	
173	01:02:05	276	Antoinette	Schutte	F	20-39	Free State	THE RUNNING EDGE AC	P1656
174	01:02:07	384	Elandi	Bubb	F	20-39	Free State	THE RUNNING EDGE AC	J40452
175	01:02:15	1753	Deleon	Bernardu	M	20-39	Free State	Bloemfontein Striders	1858
176	01:02:17	1008	Eduan	Van Der Westhuizen	M	14-19	Free State	0 0	
177	01:02:19	313	Bonny	Molale	F	40-49	North West	FS HEALTH AC	2142
178	01:02:19	1090	Penny	Van Jaarsveld	F	20-39	Free State	0 0	
179	01:02:20	1089	Carlize	De Bruyn	F	20-39	Free State	0 0	
180	01:02:23	896				20-39			
181	01:02:24	1022	Karien	Van Niekerk	F	50-59	Free State	0 0	
182	01:02:27	346	Rohané	Venter	F	20-39	Free State	0 0	
183	01:02:29	1113	Sunette	Swart	F	50-59	Western Cape	TEAM VITALITY CLUB WC	7912
184	01:02:48	273				20-39			
185	01:02:48	367	Maryke	Kritzinger	F	40-49	Free State	PENTAGON PISTOLS AC	P2711
186	01:02:52	471	Ben(prok)	Van Der Merwe	M	50-59	Free State	0 0	

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187	01:03:15	452	Cor	Cronje	M	40-49	Free State	BLOEMFONTEIN STRIDERS	P 1202
188	01:03:15	814	Erik	Van Driel	M	50-59	Free State		
189	01:03:15	1058	Kraai	Millicent	M	40-49	Free State		0 0
190	01:03:19	407	Brumay	Barnard	F	20-39	Free State	THE RUNNING EDGE AC	P2757
191	01:03:20	389	Jillian	Dixon	F	14-19	Free State	PENTAGON PISTOLS AC	J40283
192	01:03:21	409	Frans	De Jongh	M	20-39	Free State		0 0
193	01:03:23	146	Michelle	Steven	F	50-59	Free State	None	None
194	01:03:27	433	Angelique	Wilken	F	20-39	Free State	THE RUNNING EDGE AC	P1711
195	01:03:27	785	Jumandie	Zietsman	F	20-39	Free State	None	None
196	01:03:40	1074	Neo	Nonoise	F	20-39		0	0 0
197	01:03:51	423	Julie	Du Toit	F	20-39	Free State	BLOEMFONTEIN MULTISPORT	P1884
198	01:03:56	424	Bianca	Lombard	F	20-39		0	0 0
199	01:03:59	470	Leanne	Collie	F	50-59	Free State		0 0
200	01:04:07	274				20-39			
201	01:04:08	741	Tinashe	Hafe	M	20-39	Free State		
202	01:04:09	428	Karla	Marais	F	20-39	Free State		0 0
203	01:04:17	457	Joané	Griesel	F	20-39	Free State		0 0
204	01:04:18	1015	Arno	Pietersen	M	20-39	Free State	PENTAGON PISTOLS AC	670
205	01:04:19	414	Simon Mzonjane	Sekoko	M	50-59	Free State		0 0
206	01:04:20	1243	Molebogeng	Malebo	F	20-39	Free State		
207	01:04:25	425	Nkosana	Stuurman	M	40-49	Free State		0 0
208	01:04:34	82	Stephan	Slinger	M	20-39	Free State		0 0
209	01:04:35	128	Charlene	De Villiers	F	50-59	Eastern Cape	QUEENSTOWN HARRIERS	1847
210	01:04:37	2	Leticia	Maartens	F	60-69	Free State	THE RUNNING EDGE AC	P1659
211	01:04:47	421	Pakiso	Dijane	M	40-49	Free State	CENTRE CITY TITANIUMS ATHLETIC	3139
212	01:04:48	1091	Thato	Nthunya	M	40-49	Free State	PENTAGON PISTOLS AC	P575
213	01:05:11	374	Kelebogile	Moholo	M	20-39	Free State		0 0
214	01:05:19	485	Catherine	Grobler	F	20-39	Free State		0 0
215	01:05:19	1054	Duma Tseliso	Khutsoane	M	50-59	Free State		0 0
216	01:05:34	469	Lizanne	Boshoff	F	20-39	Free State		0 0
217	01:05:35	356	Maryke	Strydom	F	40-49	Free State	PENTAGON PISTOLS AC	P533

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218	01:05:37	357	Willem	Strydom	M	40-49	Free State	PENTAGON PISTOLS AC	P532
219	01:05:43	402	Masabata	Shologu	F	20-39	Free State		0 0
220	01:05:44	789	Kelebogile	Kagisho	F	20-39	Free State	CCTAC	P1933
221	01:05:45	1077	Karen	Marais	F	20-39	Free State	BLOEMFONTEIN MULTISPORT	1894
222	01:06:00	910	Lynette	Mulder	F	40-49	Free State	Pvt	
223	01:06:08	432	René	De Lange	F	20-39	Northern Cape		0 0
224	01:06:08	682	Ilane	Van Wyk	F	20-39			0 0
225	01:06:20	310	Tersia	Viljoen	F	40-49	Free State	THE RUNNING EDGE AC	P1467
226	01:06:21	1241	Ernie	Luyt	M	50-59	Free State	Pentagon pistols	576
227	01:06:22	481	Mariza	Keyser	F	20-39	Free State		0 0
228	01:06:27	1227	Andries	Spangenberg	M	60-69	Free State	Pentagon Pistols	P540
229	01:06:43	2019	Lilian	Alexander	F	20-39	Free State	Pentagon Pistols	P669
230	01:06:50	680	Johan	Wasserman	M	50-59	Free State	THE RUNNING EDGE AC	P 1756
231	01:06:51	359	Lizette	Viviers	F	20-39	Free State		0 0
232	01:06:52	361	Marile	Eckard	F	20-39	Free State		0 0
233	01:06:52	362	Johan	Bekker	M	20-39	Free State	BLOEMFONTEIN STRIDERS	1867
234	01:06:52	1081	Zi-mari	Shaw	F	20-39	Free State		0 0
235	01:06:55	1093	Thea	Hansen	F	40-49	Free State	BLOEMFONTEIN STRIDERS	2475
236	01:06:56	1036	Liandre	Engelbrecht	F	20-39	Free State	THE RUNNING EDGE AC	P1632
237	01:06:56	1092	Lize-mari	Oosthuizen	F	20-39	Free State	THE RUNNING EDGE AC	P2755
238	01:06:57	1053				20-39			
239	01:06:59	749	Charnine	Pretorius	F	20-39	Free State		
240	01:07:00	748	Kobus	Nienaber	M	60-69	Free State		
241	01:07:22	263	Cheryl	Jordaan	F	20-39	Free State		0 0
242	01:07:32	413	Alma	Louw	F	40-49			0 0
243	01:07:36	277	Gert	Griessel	M	20-39	Free State	BLOEMFONTEIN NEDBANK ACHILLE	P 894
244	01:07:40	1031	Bernard	Burger	M	40-49	Free State		0 0
245	01:07:40	1032	Daleen	Burger	F	50-59	Free State		0 0
246	01:07:43	1000	Melinda	Du Plooy	F	50-59	Free State	THE RUNNING EDGE AC	P1617
247	01:07:44	271	Phumeza	Tsela	F	20-39	Free State		0 0
248	01:07:45	306	Deline	Ebing	F	50-59	Northern Cape	TEEMANENG RUNNING CLUB	347

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
249	01:07:47	304	Lorraine	Mc Anda	F	40-49	Free State	THE RUNNING EDGE AC	P1666
250	01:07:47	307	Donita	Van Der Merwe	F	20-39	Free State	THE RUNNING EDGE AC	1731
251	01:07:47	786	Riaan	Van Jaarsveld	M	60-69	Free State	The Running Edge	1686
252	01:07:47	2022	Madelein	Coleman	F	40-49	Free State	The running edge	1732
253	01:07:48	1234	Onyinye	Evbuomwan	F	20-39	Free State		
254	01:07:49	348	Zwelithini	Ngamlana	M	40-49	Free State		
255	01:07:50	787	Anthea	Van Jaarsveld	F	50-59	Free State	The Running Edge	1714
256	01:07:52	328	Martie	Bloem	F	40-49	Free State	PENTAGON PISTOLS AC	580
257	01:08:05	1030	Amy	Venter	F	20-39	Free State	THE RUNNING EDGE AC	P2752
258	01:08:07	1029	Anton	Venter	M	40-49	Free State	THE RUNNING EDGE AC	P2751
259	01:08:14	408	Sorine	Swanepoel	F	50-59	Free State	PENTAGON PISTOLS AC	P624
260	01:08:14	872	Henriette	Van Graan	F	20-39	Free State	Goudveld Multisport	P417
261	01:08:17	853	Sadhna	Singh	F	20-39	Free State		0 0
262	01:08:39	394	Kagisho	Gailele	F	40-49	Free State	ALL ATHLETES UNITED	P2455
263	01:08:39	1042	Azar	Debbo	M	20-39	Free State		0 0
264	01:08:41	1086	Elzette	Moolman	F	20-39	Free State	PENTAGON PISTOLS AC	587
265	01:08:43	1085	Wynand	Moolman	M	20-39	Free State	PENTAGON PISTOLS AC	588
266	01:08:56	406	Hloni	Motsepe	F	40-49	Free State		0 0
267	01:09:09	440	Justin	Pieterse	M	40-49	Free State	QUEENSBURGH HARRIERS	P3825
268	01:09:10	854	Beynon	Abrahams	M	40-49	Western Cape		0 0
269	01:09:10	945	Mosele	Wesi	F	20-39	Free State	ALL ATHLETES UNITED	2104
270	01:09:20	2122	Nolene	Blair	F	40-49	Free State	Vaal Central Water	
271	01:09:34	1049	Yannike	Neethling	F	20-39	Free State	PENTAGON PISTOLS AC	608
272	01:09:35	396	Tshepiso	Motolo	F	20-39	Free State	CENTRE CITY TITANIUMS ATHLETIC	2519
273	01:09:35	2075	Koos	Myburgh	M	50-59	Free State	THE RUNNING EDGE AC	P1623
274	01:09:45	415				20-39			
275	01:09:50	1018	Charlene	Kleynhans	F	20-39	Free State		0 0
276	01:10:01	258	Elize	Lombard	F	60-69	Free State	BLOEMFONTEIN STRIDERS	1549
277	01:10:01	1020	Cherilee	Hartzenberg	F	20-39	Free State		0 0
278	01:10:04	475	Charmaine	De Villiers	F	50-59	Free State	CENTRE CITY TITANIUMS ATHLETIC	1927
279	01:10:06	319	Dottie	Fourie	F	50-59	Free State	BLOEMFONTEIN MULTISPORT	P3195

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
280	01:10:12	489	Edward	Bredenkamp	M	20-39	Free State	BLOEMFONTEIN STRIDERS	2575
281	01:10:13	261	Paul	Malan	M	20-39	Free State	PENTAGON PISTOLS AC	552
282	01:10:20	434	Cindy	Snyman	F	50-59	Free State		0 0
283	01:10:21	2032	Johan	Coetzee	M	20-39	Free State		
284	01:10:49	467	Adrienne	Hattingh	F	20-39	Free State		0 0
285	01:10:56	1070	Geraldine	Spangenberg	F	20-39	Free State	PENTAGON PISTOLS AC	P687
286	01:11:01	1107	Lerato	Moloi	M	20-39	Free State		0 0
287	01:11:08	487	Boingotlo	Madonsela	M	20-39	Free State	SOCIAL DEVELOPMENT AC	P2665
288	01:11:12	1068	Marietjie	Britz	F	50-59	Free State		0 0
289	01:11:18	2038	Masetlhora	Mahike	F	50-59	Free State	All Athletes United	2117
290	01:11:35	722				20-39			
291	01:11:45	381	Jaco	Buys	M	60-69	Free State	PENTAGON PISTOLS AC	FS546
292	01:11:56	1028	Kathy	De Wit	F	60-69	Free State		0 0
293	01:11:56	1052	Rone	Muller	F	40-49	Free State	THE RUNNING EDGE AC	P1622
294	01:12:01	1009	Kobus	Bezuidenhoudt	M	20-39	Free State	THE RUNNING EDGE AC	P1712
295	01:12:10	1072				20-39			
296	01:12:11	1071	Careen	Botha	F	20-39	Free State		0 0
297	01:12:20	639	Christine	Els	F	50-59	0	HARMONY STRIDERS FS	952
298	01:12:30	318	Heide-louise	Malan	F	50-59	Free State	SPORTFIT MULTI-SPORT, BLOEMFC	3197
299	01:12:31	2123	Atalia	Brink	F	20-39	Free State	Pentagon Pistols	
300	01:12:51	1097				20-39			
301	01:12:56	401	Nomsa	Matli	F	20-39	Free State		0 0
302	01:12:56	2077	Miemie	Kleingeld	F	60-69	Gauteng	BLOEMFONTEIN NEDBANK ACHILLE	ASA91
303	01:12:57	327	Bd	Van Der Vyver	M	20-39	Free State		0 0
304	01:12:57	474	Anita	Wessels	F	50-59	Free State		0 0
305	01:12:59	324	Lee-ann	Pretorius	F	20-39	Free State		0 0
306	01:13:15	347	Lerato	Ngamlana	F	40-49	Free State	Bloemfontein striders	1503
307	01:13:19	411	Lieb	Loots	M	20-39	Free State	PENTAGON PISTOLS AC	563
308	01:13:26	262	Chanel	Vorster	F	20-39	Free State		0 0
309	01:13:27	126	Francis	Venter	F	60-69	Free State	THE RUNNING EDGE AC	1700
310	01:13:31	1050	Ndileka	Tyu	F	40-49	Northern Cape	TEEMANENG RUNNING CLUB	598

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
311	01:13:35	1452	Samkele	Tshabalala	M	20-39	Free State	Center City Titaniums AC	2515
312	01:13:46	152	Galaletsang	Mokhelenyane	F	20-39	Free State	Centre City Titaniums AC	2487
313	01:14:26	113	Anne-marie	Beckley	F	40-49	Free State		0 0
314	01:14:37	98	Grant	Beukes	M	20-39	Free State		0 0
315	01:14:41	142	Madri	Van Greuning	F	20-39	Free State	TEAM VITALITY CLUB EP	P2661
316	01:14:49	1248	Abigail	Opperman	F	20-39	Free State		
317	01:15:03	355	Kolisang	Khakhau	M	40-49	Free State	CITY OF ROSES AC	P2160
318	01:15:05	446	Ontiretse	Modungwa	M	40-49	Free State		0 0
319	01:15:07	1063	Natasha	Van Tonder	F	20-39	Free State		0 0
320	01:15:12	448	Karen	Buschow	F	50-59	Free State	PENTAGON PISTOLS AC	2825
321	01:15:42	119	Anke	Van Der Merwe	F	20-39	Free State	THE RUNNING EDGE AC	P1486
322	01:15:42	316	Corne	Killian	F	50-59	Free State	BLOEMFONTEIN MULTISPORT	3194
323	01:15:42	404	Tebogo	Motsepe	M	40-49	Free State		0 0
324	01:15:55	1236	Arthur	Mackay	M	50-59	Free State	Centre City Titaniums AC	2535
325	01:16:26	1043	Pulane	Mojanaga	M	20-39	Free State	CENTRE CITY TITANIUMS ATHLETIC	P1778
326	01:16:42	150	Itumeleng	Ruwana	M	20-39	Free State		0 0
327	01:16:46	1026				20-39			
328	01:16:47	460	Quinette	O'Neill	F	20-39	Free State		0 0
329	01:16:47	1062	Nora	Fröhlich	M	20-39	Free State		0 0
330	01:16:55	1013	Dewald	Swart	M	20-39	Free State		0 0
331	01:17:10	2065	Boitumelo	Mojatau	F	40-49	Free State	VC athletics club	P3201
332	01:17:14	314	Laurence	Bischof	M	40-49	North West		0 0
333	01:17:31	1041	Lucindi	Debbo	F	40-49	Free State		0 0
334	01:17:34	1087	Jadine	Williams	F	40-49	Free State		0 0
335	01:17:35	272	Anri	Smith	F	20-39	Free State	THE RUNNING EDGE AC	1649
336	01:18:28	320	Theresa	Jacobs	F	50-59	Free State	BLOEMFONTEIN MULTISPORT	P3196
337	01:18:35	762	Zelia	Rodrigues	F	60-69	Free State		
338	01:18:37	1096	Yvette	Pretorius	F	60-69	Free State	PENTAGON PISTOLS AC	508
339	01:18:41	1095	Dp	Pretorius	M	60-69	Free State	PENTAGON PISTOLS AC	509
340	01:18:43	724	Willemina	Smuts	F	70+	Free State		P 601
341	01:18:47	761	Fatima	Rodrigues	F	50-59	Free State		

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
342	01:19:35	1057	Nomvula Ntombizodwa	Makhubo	F	20-39	Free State		0 0
343	01:19:40	1242	Matlali	Malebo	F	40-49	Free State	All Athletes United	2465
344	01:19:41	412	Herman	Louw	M	40-49	Free State		0 0
345	01:20:01	436	Meloni	Senosky	M	20-39	Free State		0 0
346	01:20:02	734	Rina	Nel	F	50-59	Free State	HARMONY STRIDERS FS	980
347	01:20:03	439	Elzobia	Steenkamp	F	20-39	Free State		0 0
348	01:20:06	735	Yvonne	Visagie	F	60-69	Free State	HARMONY STRIDERS FS	997
349	01:20:17	668	Mokalobe	Mpolokeng	M	20-39	0		0 0
350	01:20:18	1019	Nthabiseng	Manjiya	F	40-49	Free State	SPORTFIT MULTI-SPORT, BLOEMFC	1979
351	01:20:36	1114	Moeketsi	Thekiso	M	50-59	Free State		0 0
352	01:21:07	492	Marli	Van Den Berg	F	40-49	Free State	BLOEMFONTEIN STRIDERS	P1878
353	01:21:10	493	Elzette	Scott	F	20-39	Free State	BLOEMFONTEIN NEDBANK ACHILLE	P885
354	01:21:24	1073	Karabo	Mokone	F	20-39	0		0 0
355	01:21:25	1075	Zoleka	Dikana	F	20-39	Free State		0 0
356	01:22:21	495	Marene	Bekker	F	20-39	Free State		0 0
357	01:22:21	2034	Dineo	Matlakala	F	40-49	Free State	Pamoja	P366
358	01:22:40	1250	Mamikie	Mokati	F	40-49	Free State	N/A	
359	01:22:45	312	Motshidisi	Ayandaaa	M	20-39	Free State		0 0
360	01:23:00	1017	Ansie	Ninnemann	F	20-39	Free State	THE RUNNING EDGE AC	P1713
361	01:23:10	1497	Bongiwe	Tshabalala	F	40-49	Free State	Center City Titaniums AC	1784
362	01:23:29	736	Phumzile	Mdluli	F	20-39	Free State	Center City Titaniums	2551
363	01:23:31	468	Monya	De Lange	F	50-59	Free State		0 0
364	01:23:37	438	Leoneda	Andrews	F	40-49	Free State		0 0
365	01:23:58	2069	Kekaetswe	Rampana	M	40-49	Free State		0 0
366	01:24:14	368	Benito	Williams	M	50-59	Free State	PENTAGON PISTOLS AC	544
367	01:24:14	2037	Phillip	Alexander	M	50-59	Free State	Pentagon pistols	545
368	01:24:38	2002	Segametsi	Morogong	F	40-49	Free State		
369	01:24:39	1099	Lazola	Qulu	M	20-39	Eastern Cape		0 0
370	01:24:45	834	Noxolo	Khumalo	F	20-39	Free State		
371	01:25:37	2067	Ailene	Van Zyl	F	20-39	Free State		
372	01:25:38	2068	Katia	De Jesus	F	20-39	Free State	Bloemfontein striders	P1525

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
373	01:25:57	1039	Andile	Marogoa	M	20-39	0	0 0	
374	01:25:59	2072	Fumane	Manama	F	40-49	Free State	SOUTH AFRICAN POLICE SERVICE	P218
375	01:26:07	1040	Nina	Marogoa	M	20-39	Free State	0 0	
376	01:26:27	403	Katie	Yazbek	F	40-49	Free State	0 0	
377	01:26:36	405	Merridy	Wilson-strydom	F	20-39	Free State	0 0	
378	01:27:07	2033	Siphesihle	Maloyi	F	20-39	Free State	N/A	
379	01:27:17	2027	Manthatisi	Khelerwa	F	20-39	Free State		
380	01:27:25	961	Thando	Mohlamme	f	20-39	0	0 0	
381	01:27:26	308	Janine	Pretorius	F	40-49	Free State	0 0	
382	01:27:28	309	Retha	Bekker	F	50-59	Free State	0 0	
383	01:27:45	322	Zakithi	Shange	F	40-49	Northern Cape	ABSA AC AFS	P2341
384	01:27:45	478	Henrietta	Smith	F	50-59	Free State	0 0	
385	01:27:50	479	Chantelle	Olivier	F	20-39	0	0 0	
386	01:27:55	419	Ester	Le Roux	F	40-49	Free State	0 0	
387	01:27:57	480	Otsile	Ngwasheng	F	20-39	Free State	0 0	
388	01:28:16	791	Jennifer	Bogacwi	F	20-39	Free State	CCTAC	2539
389	01:28:28	868	Neo Lapie	Lapie	F	40-49	Free State	Mangaung Athletics Club	1168
390	01:28:37	358	Makeletso	January	F	50-59	Free State	SOCIAL DEVELOPMENT AC	2738
391	01:28:52	395	Buxx	Leruele	M	40-49	Free State	ALL ATHLETES UNITED	2454
392	01:28:52	1016	Sibongile	Mongane	F	20-39	Free State	ALL ATHLETES UNITE	2453
393	01:29:02	397	Juliah	Kambule	F	20-39	Free State	CITY OF ROSES AC	P2158
394	01:29:05	716	Lineo	Sehlabaka	F	50-59	Free State	City of Roses	2154
395	01:29:08	717	Aileen	Mothupi	F	40-49	Free State		
396	01:29:23	711	Rethabile	Rahebe	F	40-49	Free State	MANGAUNG Athletic	P1180
397	01:29:41	420	Boitumelo	Dijane	F	40-49	Free State	0 0	
398	01:29:42	380	Mamore	Likhi	F	40-49	Free State	0 0	
399	01:30:05	498	Magda	Van Tonder	F	20-39	Free State	0 0	
400	01:30:07	369	Pezisa	Ludidi	F	40-49	Free State	0 0	
401	01:30:08	486	Angelique	Pieterse	F	20-39	Free State	0 0	
402	01:30:27	2073	Moleboheng	Matsoaboli	F	20-39	Free State		
403	01:31:07	1046	Reitumetse Charlott	Mokhachane	F	20-39	Free State	0 0	

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
404	01:31:24	2074	Siphiwe	Ngobese	M	50-59	Free State		0 0
405	01:31:49	2070	Kekeletso	Ntsala	F	60-69	Free State		
406	01:33:51	1047	Karlien	Lamley	F	50-59	Free State	THE RUNNING EDGE AC	1679
407	01:34:24	605	Nomfundo	Mchabasa	F	40-49	Free State	MANGAUNG MM AC	1187
408	01:34:48	2039	Cline	Fouche	F	20-39	Free State		
409	01:34:51	928	Nicole	Strydom	F	20-39	Free State	Centre City Titaniums AC	P2517
410	01:35:13	255	Takobe	Tlale	F	20-39	Free State		0 0
411	01:35:15	852	Mookho Sylvia	Tsuaeli	M	40-49	Free State	ATHLETICS FREE STATE CLUB	P2318
412	01:36:54	131	Coceka	Ntlokwana	F	50-59	Free State	MANGAUNG MM AC	3157
413	01:36:55	1106	Loquitur	Maka	F	20-39	Free State	MANGAUNG MM AC	P1172
414	01:37:05	1218	Nono	Diseko	F	60-69	Free State	Pamoja	123
415	01:37:57	2036	Karabo	Maputla	F	20-39	Free State		
416	01:38:34	1226	Alice	Cata	F	50-59	Free State		
417	01:38:40	1004	Lerato	Molai	F	40-49	Free State		0 0
418	01:39:12	488	Susan	Coetzee	F	20-39	Free State	PENTAGON PISTOLS AC	P682
419	01:39:45	370	Busi	Matube	F	40-49	Free State		0 0
420	01:39:48	2071	Thabo	Taba	M	40-49	Free State	CENTRE CITY TITANIUMS ATHLETIC	1786
421	01:43:18	429	Mary	Lepheane	M	20-39	Free State		0 0
422	01:49:25	472	Pieter	Roux	M	70+	Free State	PENTAGON PISTOLS AC	P 603
423	01:49:25	473	Lisma	Liebenberg	F	50-59	0		0 0
424	01:53:08	1100	Bo	Mthethwa	F	20-39	Free State		0 0
425	02:36:10	518				20-39			
426	02:44:23	519				20-39			
427	02:49:32	517				20-39			
428	02:52:16	769				20-39			
429	02:57:08	2126				20-39			
430	03:10:36	2050				20-39			
431	03:13:13	685				20-39			
432	03:20:49	2089				20-39			
433	04:07:28	1011	Mahadi Jacqueline	Seqhobane	M	40-49	Free State	MANGAUNG MM AC	1156
434		260	Refilwe	Setloboko	F	20-39	Free State	None	None

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
435		265	Kamohelo	Tau	M	20-39	Free State	CENTRE CITY TITANIUMS ATHLETIC	1826
436		302	Francois	Prinsloo	M	50-59	Free State	PENTAGON PISTOLS AC	671
437		329	Chenelle	Roux	F	20-39	Free State		0 0
438		349	Izak	De Bruyn	M	20-39	Free State		0 0
439		350	Michelle	De Bruyn	F	20-39	Free State		0 0
440		371	Mariana	Lombard	F	20-39	Free State	PENTAGON PISTOLS AC	P2818
441		373	Louwinda	Van Niekerk	F	40-49	Free State	PENTAGON PISTOLS AC	2814
442		378	Hettie	Bester	F	20-39	Free State	PENTAGON PISTOLS AC	P579
443		379	Lelanie	Meyer	F	50-59	Free State		0 0
444		387	Katleho	Rantsonyane	F	20-39	Free State		0 0
445		390	Trudie	Dixon	F	20-39	Free State	PENTAGON PISTOLS AC	P636
446		393	Wayne	Beelders	M	50-59	Free State	BLOEMFONTEIN NEDBANK ACHILLE	P43
447		398	Kaeli	Armour	F	14-19	Free State	PENTAGON PISTOLS AC	P2731
448		399	Nieve Joy	Armour	F	14-19	Free State	PENTAGON PISTOLS AC	P2731
449		435	Brieta	Pienaar	F	20-39	Free State		0 0
450		441	Anna	Blom	F	20-39	Free State	SPORTFIT MULTI-SPORT, BLOEMFC	1958
451		442	Vuyisile	Bokwa	M	20-39	Free State		0 0
452		445	Zenebe	Hewitt	F	20-39	Free State	THE RUNNING EDGE AC	1682
453		449	Johannes	Buthlezi	M	20-39	Western Cape		0 0
454		451	Anilia	Boshoff	F	50-59	Free State	PENTAGON PISTOLS AC	501
455		453	Zaunita	Davids	F	20-39	Free State		0 0
456		455	Adri	Erasmus	F	20-39	Free State		0 0
457		463	Jan Hendrik	Van Der Walt	M	40-49	Free State	PENTAGON PISTOLS AC	P513
458		477	Kgadi	Moruka	F	40-49	Free State	SAPS HRD AC	P103
459		483	Chireze	Barnard	F	20-39	Free State	PENTAGON PISTOLS AC	P630
460		490	Edmon	Garzouzie	M	40-49	Free State	PENTAGON PISTOLS AC	578
461		491	Jacobus	Kotze	M	40-49	Free State		0 0
462		499	Rozanne	Loots	F	40-49	Free State		0 0
463		534				20-39			
464		535				20-39			
465		536				20-39			

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Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
466		537				20-39			
467		542				20-39			
468		674				20-39			
469		675				20-39			
470		676				20-39			
471		677				20-39			
472		678				20-39			
473		683	Llewellyn	Venter	M	14-19	Free State	BLOEMFONTEIN NEDBANK ACHILLE	J40286
474		718	JH	Combrink	M	40-49	Free State	Bloemfontein Striders	
475		721				20-39			
476		856	H.E	Mosiana	M	60-69	Free State		
477		1005	Nasty	Kwatala	M	50-59	Free State		0 0
478		1021	Teddi	Tokwe	F	40-49	Free State	CENTRE CITY TITANIUMS ATHLETIC	1925
479		1035	Nicole	Le Roux	F	40-49	Free State	CENTRE CITY TITANIUMS ATHLETIC	P1807
480		1044	Lumka	Siyoko	F	20-39	Free State		0 0
481		1080	Geno	Van Niekerk	M	20-39	Free State		0 0
482		1101	Tony	Horn	M	60-69	Free State	THE RUNNING EDGE AC	P1631
483		1102	Simone	Jandrell	F	20-39	Free State		0 0
484		1104	Lelanie	Jordaan	F	14-19	Free State		0 0
485		1108	Karabelo	Mpeko	F	20-39	Free State	PAMOJA ATHLETICS CLUB	P373
486		1109	Carine	Naude	F	40-49	Free State		0 0
487		1111	Linge	Steenkamp	F	20-39	Free State		0 0
488		1112	Brenda	Swart	F	50-59	Northern Cape	KHUMANI ATHLETICS CLUB	P418
489		1201				20-39			
490		1202				20-39			
491		1203				20-39			
492		1204				20-39			
493		1205				20-39			
494		1206				20-39			
495		1207				20-39			
496		1208				20-39			

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Results - 10 May 2025

Pos	Time	Race#	Name	Surname	Gen	Cat	Prov	Club	ASA Lic
497		1209				20-39			
498		1210				20-39			
499		1211				20-39			
500		1212				20-39			
501		1213				20-39			
502		1214				20-39			
503		1217	Sello	Moletsane	M	50-59	Free State	All Athletes United	2088
504		1219	Tian	Pretorius	M	20-39	Free State	None	None
505		1220	Daniel	Demas	M	20-39	Free State		
506		1221	Tsietsi	Simon	M	50-59	Free State		
507		1222	Mia	Wessels	F	20-39	Free State		
508		1224	Mzwandile	Myeko	M	50-59	Free State		
509		1225	Nosisa	Catha	F	40-49	Free State		
510		1228	Delvin	Jansen	M	20-39	Free State	Centre City Titaniums AC	P1923
511		1229	Mhlaempi	Nzapheza	M	40-49	Free State	Centre City Titaniums AC	1922
512		1230	Mosieleng	Matsheka	M	20-39	Free State		
513		1231	Keneilwe	Lesejane	F	20-39	North West		
514		1232	Sweetness	Ncamane	F	20-39	Free State	By Grace Nedbank Club	P2681
515		1235	Chika	Orji	F	40-49	Free State		
516		1237	Mamiki	Ganathi	F	20-39	Free State		
517		1238	Liezl	Jansen Van Rensburg	F	50-59	Free State		
518		1239	Julia	Olivier	F	50-59	Free State		
519		1240	Karen	Luyt	F	50-59	Free State	Pentagon piatols	575
520		1244	Nomzamo	Mzobe	F	20-39	Free State		
521		1247	Handré	Van Staden	M	20-39	Free State	N/A	N/A
522		2026	Bongmusa	Sokhulu	M	50-59	Free State	None	