

## 2024 Valsrivier Extreme Trail Run Results - 5km

Pos	Race #	Time	Name	Surname	Gen	Cat
1	171	00:26:16	Drikus	Labuschagne	M	Open
2	181	00:30:34	Ac	Badenhorst	M	Open
3	157	00:30:43	Thari	Carstens	F	Open
4	186	00:31:41	Sumari	Engelbrecht	F	Open
5	185	00:32:25	Anita J	Jooste	F	Open
6	206	00:33:45	RC	Kampher	M	Open
7	151	00:35:03	Wilhelm	Voigt	M	Open
8	205	00:35:22	Francis	Nel	M	Open
9	156	00:36:10	Roné	Carstens	F	Open
10	179	00:36:24	Jl	Van Graan	M	Open
11	178	00:36:25	Serah-june	Steenkamp	F	Open
12	154	00:41:18	Hes -mari	Cronje	F	Open
13	184	00:41:28	Lizmie	Petr	F	Open
14	200	00:41:43	Danielle	Geizer	F	Open
15	168	00:41:49	Maria Monica-reis	Mestre	F	Open
16	187	00:41:53	Charizanne	Taljard	F	Open
17	155	00:43:07	Jm	Steyn	M	Open
18	182	00:46:26	Akhona	Maseme	F	Open
19	152	00:49:01	Diana	Voigt	F	Open
20	189	00:50:08	Salome	le Roux	F	Open
21	188	00:50:10	Saartjie	Caupher	F	Open
22	180	00:50:25	Ansune	Badenhorst	F	Open
23	149	00:51:19	Imari	Voigt	F	Open
24	147	00:51:20	Nadine	Voigt	F	Open
25	197	00:51:26	Karmen	le Roux	F	Open
26	196	00:51:30	Hj	le Roux	M	Open
27	161	00:51:41	Suzette	Bam	F	Open
28	183	00:51:45	Suzette	Bam	F	Open
29	158	00:51:46	Rienie	Oosthuizen	F	Open
30	169	00:54:05	Jomar	Uys	M	Open
31	190	00:54:14	Righardt	Botha	M	Open
32	170	00:54:16	Lieshka	Uys	F	Open
33	163	00:54:29	Suzanne	Noeth	F	Open
34	165	00:54:31	Tiaan	Erasmus	M	Open
35	176	00:55:47	Jana	Van Oudtshoorn	F	Open
36	148	00:55:59	Marius	Voigt	M	Open
37	194	00:56:09	Anme	Kunz	F	Open
38	193	00:56:12	Petri	Kunz	F	Open
39	198	00:56:23	Theo	Erasmus	M	Open
40	164	00:56:29	Derick	Beeslaar	M	Open
41	162	00:56:31	Ansunèl	Beeslaar	F	Open
42	160	01:00:18	Anna	Tsotetsi	F	Open
43	172	01:00:36	Magriet	Allen	F	Open
44	173	01:00:38	James	Allen	M	Open
45	150	01:01:07	Leandre	Voigt	F	Open
46	159	01:01:25	Merriam	Mokoena	F	Open
47	191	01:02:33	Marizanda	Steenkamp	F	Open

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Pos	Race #	Time	Name	Surname	Gen	Cat
48	192	01:02:35	Anielle	Steenkamp	F	Open
49	201	01:02:58	Mariete	Geizer	F	Open
50	202	01:02:59	Angelique	Kampher	F	Open
51	175	01:05:29	Aldrin	Kruger	M	Open
52	174	01:05:33	Anika	Allen	F	Open
53	177	01:05:37	Bianca	Van Greunen	F	Open
DNF	141	N/A	Marlie	Roux	F	Open
DNF	142	N/A	Amanda	Roux	F	Open
DNF	143	N/A	Arno	Roux	M	Open
DNF	144	N/A	Cobus	Roux	M	Open
DNF	145	N/A	Jenicke	Janse Van Rensburg	F	Open
DNF	146	N/A	Roux	Roux	M	Open
DNF	153	N/A	Kean	Coetzee	M	Open
DNF	166	N/A	Michelle-ann	Geldenhuis	F	Open
DNF	167	N/A	Tharien	Coetzee	F	Open
DNF	195	N/A	Tinus	le Roux	TBD	Open
DNF	199	N/A	Estelle	Erasmus	F	Open